

104th May Call Celebrations, Bangalore
Discourse 6 by Master K. Parvathi Kumar
30th May, 2013

Hearty fraternal greetings and good wishes to all the brothers and sisters.

It's a matter of great joy and also of privilege and also responsibility in presenting the work and the Yoga of Master CVV. It is joyful because it causes lot of expansion of consciousness within and leads you to profound truth of nature and creation. It is a privilege because the way the Master presented the truth in the New Age is 'Apoorvam' in the sense it is 'never before'. And it is a responsibility because it has to be shared only with those who are inclined to orient in this path of Yoga and it is not spoken as frequently as we speak of the Scriptures and other dimensions of wisdom. Master Yoga is spoken only at the will of the Master. Normally it is spoken at the birthday of the Master and on May Call Day, only twice a year.

In this May Call, we have recollected the profundity, the magnitude and the grandeur of the descent of energy and how the Master conducted a super natural act. It is not humanly possible. It stands in comparison with the deeds of Agastya. Likewise the way he chose the lady for his work. It also has its similarities with Sage Agastya. The way he conducted experiments with the energy and the cooperation he received from the Masters of Wisdom from the Himalayas and certain mountains in the West. This Yoga was never introduced before. It is completely non-traditional. He did not insist too much on rules and regulations. He gave it in a very simple form but it is very effective and profound. Truth is simple and therefore the very path to the truth is very simplified by the Master. He came out of all the traditional ways of practices. He said, "You take bath or you don't take bath, the option is yours. You can sit in any posture for Prayer; the option is yours." He also said, "If you are with this energy, you don't need to be with anything else with regard to the traditional practices. This is inclusive of all. It includes all the traditional practices." So it is optional for you to do other things. He did not say not to do them. Even if you do not do it, it does not matter. This is for the humans at large. The only eligibility is that you take to the time slots in the morning and evening at 6 and utter the sound and the rest he takes care of.

He gave 2 more regulations. When you are in this path, let not your life be a life of seeking but let it be a life of offering. Work with it. He said, "I would like to see you as the king of your life. You don't even have to beg for wisdom. Nothing need be begged. Just practice this, everything comes to you. I take completely responsibility of you."

You have to do three things, said Master CVV.

1. In the morning and evening you sit and invoke the mantra "Namaskarams Master; Namaskarams Master CVV".
2. Let your life be a life of offering.
3. In all that happens in your life – "See me in all". If someone praises you, see me in him. If someone criticises, see me in him. If you gain, see me in gain. If you lose, see me as loss. If you are in comfort or discomfort, see me in both. He wanted us to see the One in duality.

These are the 3 regulations that he wanted us to follow. They are seemingly easy but difficult because our patterns are otherwise settled in us. It takes time and effort. The 1st regulation is the only new one. The other 2 regulations come from the past. They were

given by Lord Krishna in Bhagavad Gita and even before they existed right from Vedic times.

Gathering aspect is the aspect of the South Pole. So as much as you gather, you are tending to be South Pole. If you gather through illegal means or manipulative means, you will be out of this Yoga because such things are not for students of occultism. Therefore as you seek, you tend more towards South Pole. As you offer, you tend to move towards North Pole. "Be a giver. Be a Sun." Sun is the giver and therefore he shines forth because he transmits all that comes to him. That is the beauty. As much as you seek from all others, the light in you gets hidden, the matters hides the light in it. The Earth which receives from all planets and the sun carries the least of the light among all the planets. So walking from mundane to divinity is one great emphasis our Scriptures have always given.

The other instruction is to neutralise the duality existing in you. Be quiet when you are praised and equally silent when you are disturbed. It is all relating to your karma. Master EK said, "Man has been endowed with the abilities to solve and therefore he created problems for himself." Only the humanity is the problem in creation. Everything else runs in order. We are the ones who created dis-order and now are trying to bring order. We created many problems in life through our egoism, desires and aversions. That is our whole time occupation.

So therefore let us not (focus) too much upon the 2 other regulations which are very clear from age-old times. Let us stick to the regulation of Prayer. This is something which is very new. It is not meditation. Master did not call it as meditation; he called it Prayer. The Prayer is to the Master and the energy that you are rectified and developed to be able to stand in Light. That is the prayer. So you stand in the presence of the Master.

Close your eyes, visualise the Master in the heart or in the head, Visualise that he is already there when you close your eyes. Visualise that he is looking to you. Let the eyes meet, mentally close your eyes; in fact the rays of light coming from Master automatically close your mental eye. Utter forth the sound and turn inward and then the game starts. The true game in this Yoga is prayer. That is my personal experience. When you turn inward, you can feel a feeble humming sound. It is so true. It is like the sound of a tube light or fans in India. It is like switching on a motor. With any electrical appliance, you get this humming sound. Until it stops, you cannot open your eyes. And then as much as this sound is at work, there would be generation of heat in the body. This is the basic thing. Even the Scriptures say that the first result of meditation is generation of heat in the body. This heat works with the tissues of the body. It reduces the Tamas (inertia) in the cells of the body. The cells of the body are put to heating. Master himself experienced it when he received this energy. It generates a lot of heat in the body, and therefore the student is recommended to take buttermilk whenever he feels this heat in the body.

Master CVV used to carry a can of buttermilk when he was conducting experiments with this energy. During the 60 days of experimentation, he was taking buttermilk day and night because there was lot of heat. Humming sound is the first experience; generation of heat is the second experience. As you are working with the prayer, in the outer life crisis sprouts. It is another game. The way to solve the crisis is to see the crisis as Master. Through crisis, your past karma is put to clearance. If you touch the Master, the first gift you get is crisis. It is a gift because it is a process of unearthing something hidden in you to be cleared. If you have any particular clinging, he works on it.

There was a friend of mine who wanted to get into this Yoga. I told him that if you want to

get into this Yoga, you should be ready for any kind of crisis that comes to you. But the crisis would also be solved. He said "Is it so? Then let me try." He took it as a challenge. He was an insurance manager in Visakhapatnam. He managed for 20 years without a transfer to another place. He developed lot of other businesses in Visakhapatnam apart from being a manager. I took him to Master EK and Master EK gave the Prayer to him. Within one week, he received the transfer order from Visakhapatnam to Bellary. He was totally disturbed. He tried his very best to reverse the order but the management was not cooperative. I told him that this is the first stroke of the Master to uplift you.

So it can happen so. There can be crisis in your vocation, in your health, in your relations, or at home. The moment Master EK received this energy, the gift to him was the ill-health of his second son. Master EK was also transferred from Guntur to Visakhapatnam. Crisis is common in this path. Please remember this. But this crisis is meant to clear your karma and make you lighter. You would not get stuck in crisis and get destroyed provided you are with the prayer.

Some people who had no chance of marriage as per their horoscope, got married. We have many examples. A person, an astrologer himself, who knew that he cannot get married, came to Master EK. He was very sure that he will not get married. Master said "Don't be so sure. You may get married." And eventually he got married and he is still there working in the path of Master.

Those who had no children even after 10 years, 15 years or even 18 years after marriage, begot children. A couple came to me and asked that they be blessed with a child. I invoked the Master and said "Let it be so". Then they told me that it is already 18 years that they are married and then my heart missed a beat. I could not realise that because they did not look so but I left it to the Master. In one year, they had a child boy and I even named him.

So such things happen. There is no such thing as impossibility in this Yoga. Crisis come and gifts come according to our scanning report as I told yesterday. He has the reports of each one of us. Through every crisis, you are lifted up. Through every sickness, there was a greater measure of light that was bestowed. He clears your past without compromise. Likewise he also gives cut-off with associations. You cannot be as you like, your friends and relatives. In your own interest, not to develop further consequences, he gives a cut-off and incubates you in a way. You cannot meet them and they cannot meet you. It is a facility. Once you are in this Yoga, your friends, those who are not compatible with this energy, never meet you and those associations are gone. It can be with friends, it can be relatives. Why? If you continue the association, you would pick up more karma. I have seen this in my own life and also in the life of Master EK.

Mind you, an advanced disciple in this path cannot be met anytime you like. He won't be available. Master EK was available to his associates but not so much to the members of the society. It's an arrangement that the society does not disturb you while you relate to the society and serve it. If too many contacts are with you, they only spoil your time.

All this is while you are with the Prayer. Only when you are consistent with the Prayer, he picks you up for his transformation work. So this is how outside karma clearance happens and inside transmutation happens.

Once a Vastu pandit has heard a lot about Master CVV and his energies and he wanted to be informed and get initiation. Vastu (science of building construction) is an occult science which is to be given free. He was a businessman himself and also a Vastu specialist. He

approached me and asked me to initiate him. I said "I am willing to but you should accept the course of things that will come to you." Not all get it immediately but some may get it immediately. We think that we can manage the crisis but it comes so unexpectedly and so suddenly from the most unexpected corner. I said, "You may get crisis but it is a means of clearing karma and you may continue further." He took the initiation from me at 10:30 in the morning. He said "Thank you" and left. He took a left turn on his scooter, after going out of Radhamadhavam and met with an accident. He was bleeding badly from the nose. He came back to my house and I took him to a hospital. Later he came back and said, "What kind of Yoga is this?" If you say anything to him in that mood, he won't listen and so I remained silent. Naturally, he discontinued. Three months later, he met me in a meeting. He said, "Mr Kumar, after this accident I got my horoscope checked up to know the cause and I was told that I had to die. My horoscope indicated a possibility of death at that time and instead of dying, an accident happened to me." I just said, "thank you". But then he never continued with yoga out of fear.

So this is one aspect when you do this prayer. But be sure that we all go through this and each time we flower better. Without crisis, there is no delivery of a child but what a change from being a woman to a mother. Only a mother can experience it.

"Every problem has a gift behind." This is a statement coming from Master Morya.

Accept the problem and work with it and you would receive the gift. The gift is unfoldment of consciousness. Each step of unfoldment has the related crisis before. In fact all initiations are through crisis not through such pleasant sitting and talking times. Only when there is a crisis, you hold on to what you have been holding on in terms of light and then initiations happen and then you are in greater light. So that is one aspect.

Another aspect is, as you do prayers, you gain the habit of turning inward. If you sit for 10 minutes, the mundane contemporary events are recollected during Prayer. These are the things that the mind initially recollects, to most of the people as they close their eyes. That is why you need to sit longer because peripheral thoughts do not stay longer. When you do prayer for 30 minutes, 40 minutes or an hour, slowly the peripheral things disappear. Then certain things are suggested to you. Suggestions come to you. These you have to make note. You are guided from within. You are given hints for the problems you have outside. You get a hint, like an electric hint and it helps solve the problems outside. You get hints to read certain books. You have to do it. You also see, slowly later, certain forms, starting with geometrical symbols - a square, a triangle, a triangle over the square, a hexagon, a pentagon and so on. Whatever you receive, you have to make note. To keep a diary is helpful. Master himself told to keep a diary. Master EK used to receive copious dictations in Prayer which he recollected and recorded after Prayer. That is how Spiritual Astrology and Spiritual Psychology came through. It is a very advanced state.

As you move forward, on one side the heating aspect keeps happening. The stove is on and the body cells are being prepared and then a stage will come where you would pick up unconsciously certain breathing processes. Also you are given information on how to breathe. It is not as per the books but first hand information. As you work with it, the heat in the body grows more. The heat of prana and the heat in the body cells, the latent heat, together they cause a kind of inflaming. That is what we call Kundalini energy. The Kundalini is raised, not by you but by the Master. He arranges the union of pranic heat and latent heat in muladhara. In Yoga, through pranayama, this step is achieved. But in Master Yoga, he gets up to your Kundalini, causes the union of pranic heat and latent heat to give forth that light called the light of Kundalini.

Karma clearance happens continuously. Instructions, as you follow, come to you more and more. Kundalini is awakened. Then you gain a vision within. You also hear sounds much better. You hear speeches coming to you as lessons taught inside. You are taught during your sleep hours and prayer hours. You are taught things which are confirmed and affirmed by the Scriptures.

All that you need to do is sitting in the morning and evening for Prayer. That is how an accountant like me who has no Vedic background, in the sense the way Master EK had, has been able to transmit wisdom all over the globe because the information is so well supplied by the Master. It is only because of Prayers. Prayers are the answer for everything in your life.

Master wrote in a book, "For every purpose in life, prayer is the solution." It is so true. As I said yesterday, you have visions inside, the moment the Kundalini fire is on. You see beings in you visiting and moving, wishing you. You see colours, you listen to sounds. You get much occult wisdom without any strenuous study. If you study a Scripture or a book written by a Master of Wisdom, through the visible sentence you will see the invisible knowledge. You will see through. This is what we call reading between the lines. The apparent sentence gives you much more information. This mind shows you things within. It leads you deeper into a statement. In Scriptural writings, one sentence can give out a volume. It is like a homeo pill which is very potential. The writings of initiates are totally different from the writings of normal people. In books of normal people, there are no layers of understanding. But when an initiate writes, there are 7 layers of understanding in every sentence. So you gain profundity inside. You will be made to read so much, within and outside and the reading is faster.

We know from the story of Ramakrishna Paramahansa that everything was informed to him from inside, by the Mother. He never read anything but he was the best in Vedas and Tantras. Adepts of Tantras came to him and realised that Paramahansa was much more knowledgeable than them. Many came and tried to teach him but they found a teacher in him. How did it happen to him? It is because of the inner relation with the Mother.

Inner relation with the Master enables to gain the related wisdom. If you are to speak somewhere, the related knowledge comes to you the evening before or that morning. If you are asked to discourse upon a subject, you give a new dimension to it and not what is already written in the books. That is why the commentaries that come on Ramayanam or Vishnu Sahasranama or Bhagavatam there is something new that is never before. This never before business is there a lot with Master CVV. He gave mantras which were there never before. The occult meditations that he gave are new.

When asked whether we have to do Gayatri Mantra after prayer, Master said, "You may if you wish but Gayatri is included in the Prayer." Master descended into Master EK when the latter was doing Gayatri. Similar situations came to me 2 or 3 times. Those who intensely work with Gayatri, the Master visits them. I know a pandit, a devotee who was very fond of Gayatri. He was entrusted with the work of preserving in Telugu all the Puranas. When he was engaged in that work and doing Gayatri daily, suddenly one day, Master appeared to him. He instructed that person to go to Hyderabad to a press, where the energies of Master CVV were present. One of our group members was holding a press in Hyderabad. Master CVV directed that pandit in Adoni (a town in Andhra Pradesh) to go to that press for printing all the Puranas that he is preparing so that the work could be well done. It was surprising to him. He went to the press where he found the picture of the

Master. The work went very well. Then in one of his appearance, the pandit made a question: "How is it that you appear when I do Gayatri?" Master answered, "Whoever does Gayatri with intent, I pick them up and help them to conduct further progress to them." His son came and reported to me in Visakhapatnam in the early part of 2002. This is what Master CVV has done to his father. Also his father fell down and broke his hip joint. Even after operation the joint was not well joined. Then it occurred to him that Master CVV Prayer could help him. He requested the local group of followers of Master CVV to come to his house and do prayers as he could not go anywhere. They did three prayers together and in the third prayer, the pandit heard a strong sound inside. And for a moment, there was horrible pain. Thereafter he found that he could move his leg. This is not something that happened in Krita Yuga or Dwapara Yuga. It is a recent event.

Therefore as the Kundalini fire in you emerges, much more would happen to in terms of knowledge, sound understanding, colour understanding; healing happens much easier. In most of the dispensaries run by WTT, it is not the knowledge of the homeopath but the work of the Master that causes lot of healing because all of our doctors were systematically taught homeopathy. Most of them do not even know anatomy. That includes me as well. But the medicine works. My son-in-law who is an allopath, homeopath and a surgeon wonders how sometimes the medicine I give works because the medicine does not have much relation to Materia Medica. He tells me, "Your homeopathy does not have much to do with the science of it, so I don't interfere with it", when sometimes I consult him as a co-doctor. It is not the medicine but the Master energy's functioning through a following of Master, doing the healing. So healing need not be taken as an activity. I was clearly instructed by Master EK to proceed in the path of Yoga and healing would happen. If you get into healing, Yoga may not happen.

When Kotta Ramakotaiah, a follower of Master CVV, went he was deeply sick and was doing meditations for self-healing; they did not work. He was instructed in the Prayer to go to me and do three meditations with me. After three meditations, he was cured and he asked me, "So you also do healing." I said, "No! I don't". He then said, "The Master sent me to you to get healed and I am healed." I said, "The prayer heals. There is no special effort." Mr Ramakotaiah propagated this healing a lot. In the last part of his life, he came to me and said, "I indulged too much into healing and missed the Yoga but I see you far ahead with Yoga." I said, "Don't think so. What is ordained to each one of us happens."

What I say is, "Healing is a branch of this Yoga. Yoga is the main line." Master MN followed the Yoga line. Master VPS took to the line of healing, therefore it took longer time for him to get realised. This was evident.

So therefore continue with the Prayers. Pray long and pray regular. If you do not do that, you are only wasting time in this Prayer. You should have intent to do in the morning and in the evening. Master also gave a facility. "If in the evening at 6 due to your occupation, you cannot invoke the sound and sit in prayer, you can recollect me then and later in the day you may do the Prayer." You have to show this commitment to the Master. As you do this, he responds to you. In 5 years time, there would be a sea-change in you. Your own friends and associates say that you are different. You may not perceive it but the people around you perceive that you have changed in terms of your movements, speech, thinking abilities and working abilities. The beauty of the prayer is that it enables you to add a spiritual value to every function that you do. The spiritual value enters the family, enters your profession. Your family becomes coherent.

Another dimension of Master Yoga is, it leads you to marry. It is an aspect in his Yoga that you would necessarily find your complementary energy. The male finds a female and the female finds a male. Male-female together becomes androgynous. Only then you can become a true virgin. There is attraction for the opposite gender and until that exists you are not fulfilled. Those who follow this Yoga should be wedded and should lead a coherent family life.

In Italy, a couple who were so dear to each other for about 10 years, they got separative feelings and were thinking of divorce. It was in 1989 and I made them sit in prayer for 7 times during a group life and they were together then after. That is the beauty. It synthesises the family provided that the prayer is done. He is with you only when you regularly pray. He should be confident that this fellow can be picked up for transformation. He fulfils the mundane as well as divine life.

The profession becomes splendorous. The family becomes coherent. He lets you have a limited social life and wherever you go you will be contributing a spiritual value. It is not done consciously. As you move forward slowly you would find the Kundalini fire completing its work of building a body of light in you. You see your own image in a thumb-size in your heart centre. That tries to detach itself from the body of flesh and blood, like the peanut disassociates with the peanut shell. This is what is called as Akshara Purusha.

Without this body, you die and you have to start all over again. That is why we have the Scriptures telling us to overcome death by building the body of light within you. The Upanayanam that we do is chiefly done for it. No one knows it. People do Upanayana to their children in their 7th year but the children don't do Gayatri because the purpose is not known. It leads you to form a body of light within you. That is what is called subtle body which is of golden light. When this is formed, the Akshara Purusha (immortal one) has come from the Kshara Purusha (mortal one). You can stay in that form for a long duration to pursue the path continuously. It is the chief purpose in Master Yoga.

Master says, "This body of light can be formed in 12 years if one is sincere." It happened to Master MN and Master EK. It can happen to all of us. This is the important step in Yoga. By this, you can overcome death. Death is to the body of flesh and blood but not to the body of light. You shift from this chamber to the chamber of light. That is what is called 'Dwijatva'. If you did not use your human life to be born in light, that life is said to be wasted. That is what Adi Shankaracharya says.

The thumb-sized being, in the advanced stages, can move out of the body. It has the ability to expand. It has the ability to grow big or become very small. It can travel by air. It can appear to others in their dreams. The followers are advised through dream. Once the body of light is formed, you can move out of this body and help the fellow beings. The night is far more important than the day. For a Yogi, night is more important than day.

Do not be satisfied that you are in the path of Yoga of Master CVV until you have formed the indestructible form of light. Thereafter starts the real work. Akshara Purusha then relates to Purushottama (the Lord). Kshara Purusha cannot relate to Purushottama. You cannot reach the second floor without reaching the first floor.

A Yogi is one who can experience death. He does not suffer death. That is what Master CVV intends giving each one of us. He wants to lift us up from Muladhara to Heart Centre. Staying in heart, you feel the needs of others and you help them. You generally help those

who are weak and poor. The work thereafter is only work of goodwill. You would be welcomed into the Hierarchy. You have associations with them and the story goes on. The story up to here is relevant to us now.

Thereafter, your work expands in terms of service. You keep on serving on one side. On the other side, your comprehensions tend to be reaching the planetary and inter-planetary level. You are completely de-localised in your prayers. Each one of us is a localised consciousness. In the advanced states, the ego which is localised as a wave from the ocean, tries to join the ocean. Joining the ocean is possible for the wave because the essence of the wave and the ocean is one. The essence of the thumb-sized person is light. This essence joins the Light Universal. Thereafter there is a step to reach Brahman.

In this path, we have consciously or unconsciously entered. 90% in our groups do not know the path of Master CVV properly. They do prayers without knowing how to do them. Not knowing how to do does not help you to do it well. The knowledge is important. Master CVV does not insist on faith. It is not a faith based system. It is knowledge based. He has himself written, "This is a path of direct knowledge. I allow no emotion." You are the field for the experiment. If you wish, you get in and find the result.

You gain multi-dimensional knowledge. The Master teaches us astrology from within. The way you interpret, others cannot interpret. There are some astrologers who say to me, "The way you see, we cannot." The way I see is that which comes from the Master as intuition. Eventually you know the science but it functions more through intuition. Occult science functions through intuition. Homeopathy functions through intuition. It works much better through intuition. Astrology is an occult science. All occult sciences are revealed from within. It is not to aggrandise you but to enable you to serve the people in different ways. You can serve people through astrology, homeopathy, and numerology and so on. All occult sciences are to be utilised for general welfare and not for self maintenance. If they are used for self maintenance, they don't work well.

Such is the grandeur of the prayer that the Master has given. It seems to be very simple but it throws out dimension after dimension. After 30 years of working, Master EK said, "I continue to be a student. I am learning to be precise. I am learning to be silent." That is how he said. The knowledge is boundless. You enter into a boundless field of light and rejoice in it and contemplate further thereafter with the Brahman. You can move out of the system and enter into it at will. That is what the Masters of Wisdom did. Master CVV's work is to prepare each one of us to join the Hierarchy so that you continue to help the humanity. All the Masters of Wisdom, they denied salvation to them. Once they are liberated, they stay liberated anywhere they are. The story of Bali is an example. After the touch of the Lord, he did not care where he is. Wherever he is, he is with the Lord. Likewise the Masters of Wisdom stayed on Earth to help us.

The work of Master CVV is linked to the work of the Himalayan Hierarchy. All that I spoke of today happens only through prayers. Prayers have to happen regularly. You cannot do prayer, if you seek. You cannot do prayer if you do not make an attempt to see the one in all. Realisation need not happen. Attempt is sufficient. And keep offering in any way you can. All the resources you have from the body to soul, they should be offered for general good. That is the message of the Lord in Gnana Yoga chapter of Bhagavad Gita. He spoke of all kinds of sacrifices. The divine science shines forth only through those who are willing to share it with others.

You don't have to worry about your personal needs or promotions. They are taken care of.

I am an example. I left my profession and went with Master EK to the West in 1981 but the profession grew. So splendidly the Master lifts you up that you are kept beyond want in your personal life. As you move up, the problems are solved and gifts come to you. You are fulfilled on all the fronts.

Mundaka Upanishad says, "The hair and the nails grow automatically. You don't have to make an effort." There are people who spend a lot of time in taking care of their nails and hair. These are all automatic. However much you treat them, they are bound to decay some day. Any number of creams you may apply to your face but the face slowly tends to become old. Why do you waste time on these?

There is something which you have to work on. Unless you work on it, it will not happen. That is Yoga. Use this human body to bring out a golden body out of it. It happens only when you do it. Unfortunately humans make effort where they don't need to and they do not make effort where they need to. That is what Mundaka Upanishad says. Do not seek from Master petty things. He wants to give the eternal gift. Don't look for mundane, temporary gifts.

The Master worked for 11 years, 11 months and 11 days with this Yoga and he consciously departed. He said and then departed. The followers did not believe because they saw him coming back 18 times, after leaving the body.

This Yoga has to be experienced. Any number of expressions would not give you the experience. Eating the fruit and speaking the fruit are 2 different things. The one who has eaten it can explain but then until you eat it, you cannot realise what it is. Therefore this group life is dedicated to the Yoga of the Master. I would like to give as many dimensions as are allowed to be given. We will continue in the evening.

Thank you.